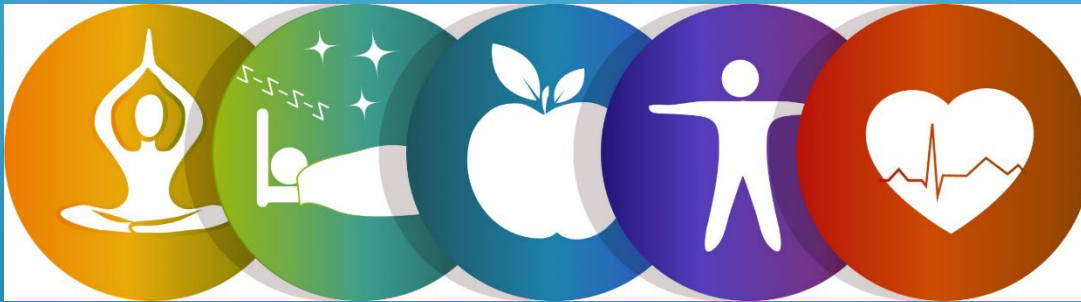


UC SAN DIEGO

UNDERGRADUATE HEALTH INSURANCE INFORMATION



STUDENT HEALTH INSURANCE PLAN

**All students are automatically enrolled in UCSHIP
as part of
the registration process.**

- Cost for AY25/26:
 - \$987.00 per quarter (fall, winter, and spring)
 - Spring includes summer
- Most services at SHS are at no cost
- Includes medical, dental, pharmacy & vision
- Worldwide coverage

STUDENT HEALTH SERVICES HOURS

At student health on campus, we provide a primary care physician home for students. Students may be seen by Physicians, NP's, RN's, X-ray/Lab, Pharmacy, Urgent Care, Optometry, Dietician, Social Worker, Counseling and Psychological Services, acupuncture, and more...

- SHS Hours:
 - Mondays: 8am-6pm
 - Tuesday, Wednesday, & Fridays: 8am-4pm
 - Thursdays: 9am-4pm
 - Fall, Winter, Spring, and Summer
- Appointments: (858) 534-3300 or on MyStudentChart
- Open all year round
- After-hours Advice Nurse (858) 534-3300

STUDENT HEALTH INSURANCE PLAN

Accessing care outside of Student Health



- UC Family 90% All UC's in CA
 - NO DEDUCTIBLE for care at UC
 - \$10 copay for specialists at UC
 - 10% out of pocket for diagnostics and hospitalization at UC
- PPO network 80% + \$500 deductible
 - \$30 copay to see specialists/\$20 PCP visit
- Out-of-Network 60% + \$1000 deductible

Mobile Health App for cards & benefits

- App store: search "SYDNEY"

More coverage information:

- ucop.edu/ucship
- studenthealth.ucsd.edu



HAVE OTHER INSURANCE?

Students who have other insurance that meets UC waiver criteria may opt out of UCSHIP by submitting a Health Fee Waiver.

How to waive:

- On-line via the TritonLink Health Fee Waiver Tool **students.ucsd.edu**

When to waive:

- May 12th – September 14th, 2025
- Late waiver: through September 20th
- Waive the full academic year
- **New waiver each new academic year**

Incoming Students must be registered to access the health fee waiver!



KEEP THIS IN MIND



- Students who waive may still use Student Health
 - Student Health services are provided on a Fee For Service basis
 - Student Health does not accept or bill outside/private insurance
 - Student Health is not contracted with other insurance companies
 - Itemized statements available
 - Student's responsibility to file claim with their insurance company

- Cancelling a waiver
 - Change your mind – next quarter
 - Lose other coverage – immediately
 - Cancellation Form on the Student Health website: [Insurance Forms \(ucsd.edu\)](https://ucsd.edu/insurance/forms)

IF YOU WAIVE, PLEASE CONSIDER THE RAFT OFFERING...

Reduced Access Fee for Tritons: prepaid access to Student Health Services. Provides convenient and inexpensive medical care for students who waive SHIP

What does RAFT cost?

- \$70 per quarter

What does it include?

- Scheduled office appointments
- In-house lab services (CBC, basic blood panels)
- Skeletal x-rays at Student Health



*How do you enroll in RAFT?

Option to enroll is included at the end of the waiver application

- **RAFT is NOT insurance.**
- **RAFT does NOT replace on-going care that should be obtained through your primary care provider.**
- **RAFT does NOT include: pharmacy, send-out labs, optometry, immunizations...refer to SHS website for details**

QUESTIONS ???

Remember...it is the student's responsibility to review and understand how to access their benefits.

More information:

<http://studenthealth.ucsd.edu>

<http://ucop.edu/ucship>

We're here to help...

- Call (858) 534-2124
- Email ship3@ucsd.edu



Zoom with us!

Mondays, 11 am – 12 pm PST at <https://uchealth.zoom.us/j/88081736382>

Wednesdays, 11 am – 12 pm PST at <https://uchealth.zoom.us/j/81949023064>

Fridays, 11 am – 12 pm PST at <https://uchealth.zoom.us/j/82705053129>