

# UC San Diego

STUDENT HEALTH AND WELL-BEING

# Health Insurance Requirement

August 1, 2023

Good Day! We will begin the webinar in a few minutes, about 11:05am. You are muted and the chat box has been disabled. Please use the Q&A box to submit any inquiries. The webinar is being recorded and will be available on our website a little later this evening:

https://shwadmin.ucsd.edu/uc-ship/index.html

# UCSan Diego STUDENT HEALTH AND WELL-BEING



UCSD SHS Insurance
Orientation Info

## Agenda

- Student Health on campus
- What is the health insurance requirement and mandatory health fee?
- **UCSHIP**
- What if I have insurance?
- > RAFT
- Online Resources

## Need medical care on campus? Contact Student Health!

#### Full primary care physician services

MD's, NP's, RN's, X-ray, Lab, Pharmacy, Urgent Care, Optometry, Immunizations, Dietician, Social Worker, CAPS, acupuncture, and more...

#### Payer Classification accepted:

- SHIP (Student Health Insurance Plan)
- Fee For Service (Credit Card Payment)
- RAFT (Reduced Access Fee for Tritons Membership)



#### **SHS Hours:**

Mondays: 8am-6pm (school year)

Tuesday, Wednesday, & Friday: 8am-4pm

Thursdays: 9am-4pm

Fall, Winter, Spring, and Summer

#### **Appointments:**

Call (858)534-3300 Or Log in to:

MyStudentHealthChart-> Click on Visits -> Schedule an appointment

After hours ADVICE NURSE LINE: (858)534-3300

# University of California Requirement

The health insurance requirement is a UC Regents mandate, since 2011. The requirement is consistent for all UC campuses in California.

Every student must have comprehensive health insurance that covers them for primary care, outpatient diagnostic services, outpatient & inpatient hospital care, and mental & behavioral health.



## **REGISTRATION FEE:**



The cost for Academic Year 23/24:

\$753 per quarter for undergraduates \$1470 per quarter for graduates

Paid 3 times in an academic year.

Spring quarter includes Summer coverage.



### <u>U</u>niversity of <u>C</u>alifornia's <u>S</u>tudent <u>H</u>ealth <u>I</u>nsurance <u>P</u>lan

Medical Care Mental Health Care Pharmacy Care

Dental Care

MyUCSHIP.org

Vision Care

## Already covered with a health plan? Consider a Waiver!

**WAIVER APPLICATION OPEN:** 

May 3rd – September 20th, 2023

All alternative health plans must meet the

**UC Insurance Requirements:** 

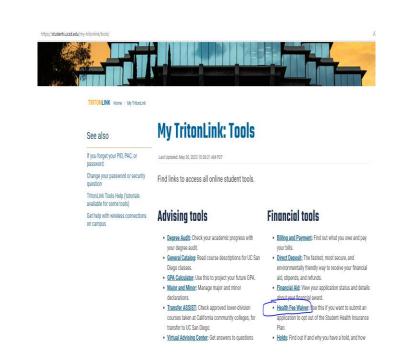
#### **IMPORTANT REMINDERS:**

**FA23 Registration Required** 

Only offered during specific waiver periods

Waiver requests must be submitted each year

Students classified as INTERNATIONAL must have Medical Repatriation & Evacuation



# HMO, Kaiser, and Medi-cal Recipients

Students covered by Medi-Cal or a private insurance HMO must have access to primary care in San Diego County in order to waive the health insurance requirement successfully.

Kaiser Northern CA is acceptable, but you will need to call and get your student a Southern CA medical record number, in case they need care while at UCSD.

Contact your insurance carrier to transfer to a San Diego PCP prior to filing a waiver.

Medi-cal recipients must contact their county office for a transfer, which can take up to 45 days.

Use the university address and update your case worker with your address change.

#### **Campus address:**

9500 Gilman Drive La Jolla, CA 92092

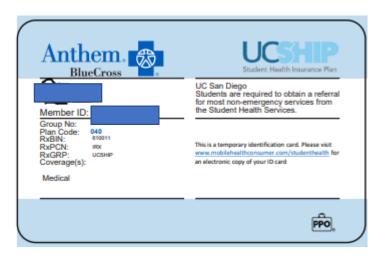
San Diego Medi-Cal Office: 1-866-262-9881



#### **Financial Aid and Scholarships Office**

Phone: (858) 534-4480 Fax: (858) 534-5459 Website: fas.ucsd.edu Email: finaid@ucsd.edu

# Required Waiver Information





MEMBERS: When submitting inquiries always include your member number from the face of this card. Possession or use of this card does not quarantee payment.

PROVIDERS: Please submit claims to your local
Blue Cross and/or Blue Shield Plan. To ensure
prompt claims processing, include the 3-digit
prefix that precedes the patient's identification
number isded on the front of this card.

Please contact the Student Health Services for REFERRAL information.

For services rendered in CA, file medical claims to: P.O. BOX 60007 LOS ANGELES, CA 90060

#### www.ucop.edu/ucship

Student Health Services\* 1-858-534-3300
SHS Website\* studenthealth.ucsd.edu
SHS Insurance Office\* 1-858-534-2124

 SHS Insurance Office\*
 1.858-534-2124

 After Hours\*
 1.858-534-3300

 Member Services
 1.868-940-8306

 Coverage White Traveling
 1.800-810-2583

 Pre-Authorization Review
 1.800-810-2583

 Future Moms
 1.868-684-5404

 24/7 NurseLine
 1.877-351-3457

 Pharmacy Services\*
 1.844-265-1879

\*Contracts directly with group

Arthern Blue Cross Life and Health Insurance Company provides administrative services only and does not assume any financial risk or obligation with respect to claims. Blue Cross of California, using the trade name Arthern Blue Cross, administers claims on behalf of Arthern Blue Cross. Administrat claims on behalf of Arthern Blue Cross Life and Health Insurance Company and in or Italia for barrellia payable. Independent licensess of the Blue Cross Association.

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services
Anthem Blue Cross: University of California Student Health Insurance Plan (UC SHIP)
UC San Diego Students and Covered Dependents

Coverage Period: Begins on or after 08/01/2022

Coverage for: Student/Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage,

www.myucship.org or by calling 1- 866-940-8306. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1- 866-940-8306 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	There is no <u>deductible</u> for UC Family <u>providers</u> . For <u>network providers</u> : \$500/ person or \$1000/family; <u>Out-of-network provider</u> : \$1000/person or \$2000/family.	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes, network preventive services, emergency room, urgent care, acupuncture, chiropractic, physician office visits, family planning, medical evacuation, repatriation and prescription drugs.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits">https://www.healthcare.gov/coverage/preventive-care-benefits</a>
Are there other deductibles for specific services?	Yes. Pediatric dental: \$60/person or \$120/family. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For UC family providers: \$2000/person or \$3000/family. network providers: \$2500/person or \$5000/family. For out-of-network providers: \$5000/person or \$7000/family. For prescriptions \$1000/person or \$2000/family. For pediatric dental: \$1000/person or \$2000/family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.

# RAFT (Reduced Access Fee for Tritons)

If you waive, please consider the RAFT offering. RAFT is prepaid access to Student Health Services. RAFT provides convenient and inexpensive medical care for students who waive SHIP.

- What does RAFT cost?
  - > \$70 per quarter
- What does it include?
  - Scheduled office appointments
  - Lab services (CBC, basic blood panels)
  - X-rays

RAFT is not INSURANCE, it is a membership to come into our UCSD Student Health clinic for care, it doesn't replace your insurance or pay for services outside of Student Health & Well-Being.

RAFT provides peace of mind for parents and students.





#### RAFT does NOT include:

pharmacy, optometry, immunizations...

## **KEEP THIS IN MIND**

Students who waive may still use Student Health, All UC Students are welcome at Student Health

- SHWB services are provided on a Fee For Service basis, pay as you go method.
- SHWB does not accept or bill outside/private insurance.
- SHWB is not contracted with other insurance
- Itemized statements available.
- Student's responsibility to file claim with their insurance company.



## Contact and More...

zoom

#### **Visit the Student Health Website:**

http://studenthealth.ucsd.edu

#### We're here to help...

- Call (858) 534-2124
- Email ship3@ucsd.edu



Mondays, 11 am – 12 pm PST at <a href="https://uchealth.zoom.us/j/85143178680">https://uchealth.zoom.us/j/85143178680</a>

Wednesdays, 11 am – 12 pm PST at https://uchealth.zoom.us/j/87385801858

Fridays, 11 am – 12 pm PST at https://uchealth.zoom.us/j/86367721797

For 411 on the MANDATORY INSURANCE REQUIREMENTS, Join us at one of our upcoming Webinars:

